

# WELL IT HAS FINALLY HAPPENED. THE OAKMONT PICKLEBALL COURTS ARE OPENED TO ALL OAKMONT PLAYERS.

The following amended guidelines are intended to provide a safe environment for Pickleball play. Remember that you will likely be returning after a period of inactivity or less activity, and using muscles that haven't had much use for months. Go slow at first to avoid injury. These guidelines to remain in effect until further notice.

**At this time - No Guests are allowed.**

## Basic Health Requirements

### DO NOT PLAY OR VISIT THE COURTS

If you are exhibiting any symptom of the coronavirus: mild to severe respiratory illness with fever, coughing, difficulty breathing or other symptoms identified by the CDC.

Are a vulnerable individual with serious underlying health conditions.

Have been in contact with someone with COVID-19 in the last 14 days.

Have traveled outside of the State in the last 14 days.

### Open Play - 9:30 - 11:30, seven days a week.

1. Play is open to all (not restricted to members of the same household). For safety, consider drilling rather than playing a game.
2. Bring your own equipment and water and sanitize your equipment before and after play. Each player will use their own ball marked with their initials or some other way to identify it.
3. Bring your own chair with your name on it and do not share chairs.
4. Avoid touching balls. Use your paddle and foot to pick up balls and transfer to your opponent or hit the ball under the net to your opponent.
5. Wear masks except while playing or when unable to maintain social distancing.
6. Keep social distancing of 6 feet at all times.
7. While waiting for a court, maintain social distancing of 6 feet on the patio.
8. Play will be limited to  $\frac{1}{2}$  hour. If no one is waiting to use the courts, then play can continue.
9. When entering or leaving the courts ensure that social distancing is maintained. This may require waiting until play has stopped so as to alert players on the court that you are coming through to allow them time to move to maintain social distancing.
10. Those wanting to drill may do so -however- there is a 15 minute time limit.
11. **Players not actively participating in a game MUST LEAVE THE COURT.**

### Outside of Open Play - 8 to 9:30 am and 11:30 am to 7 pm

1. It is up to the individual group(s) to decide to include walk-ons in their play.
2. If the courts fill up and people are waiting, you must give up your court at the end of the game (Including groups).
3. Unlike Open Play, groups may continue to play together when the next court opens up.

Oakmont Pickleball Club - Playing Guidelines from 6/12/20 until further notice.